

MoviPrep Two Day Prep

Please follow instructions carefully. Failure to take the prep as indicated below may result in **a poorly cleansed colon and possible cancellation of the procedure.**

Two Days Before Your Colonoscopy

- Start drinking a bottle of **Magnesium Citrate** at 7:00pm, may drink in divided doses over the next hour. (Purchase over the counter)

One Day Before Your Colonoscopy

- **Fill the prescription** from your doctor for **MoviPrep**. Purchase additional over the counter products that are listed on your instruction sheet.
- (**See "Clear Liquid" Sheet**) Start a clear liquid diet and continue clear liquids throughout the day. Solid foods, milk or milk products are **NOT** allowed. Nothing by mouth 4 hours before procedure.
- **Hemorrhoid Ointment or Cream and Hemorrhoid Wipes** (apply to ointment or cream to skin when you start your bowel prep and after each bowel movement, this will act as a barrier and help protect your skin)
- Use **Peri bottle**-filled with water to rinse area and pat dry after bowel movement.

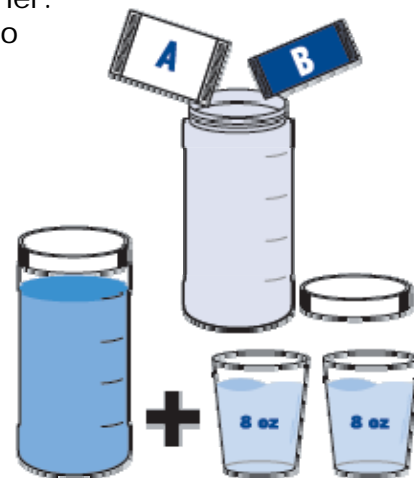
Do not fast!!! Drink a variety of liquids that are listed for proper hydration.

Early Morning - mix your **MoviPrep** solution.

1. Empty 1 pouch A and 1 pouch B into the disposable container.
2. Add lukewarm water to the top line of the container. Mix to dissolve. Refrigerate.

Afternoon— start prep at 4:00pm

3. The **MoviPrep** container is divided by four marks. Every **15 minutes**, drink the solution down to the next mark (approximately 8 ounces), until the full liter is empty.
4. **Drink at least 16 ounces of the clear liquid of your choice.** You may start going to the bathroom after only a couple of glasses, but be sure to drink **ALL** the solution. Continue drinking clear liquids until bedtime.
5. Prepare the second container of **MoviPrep** and refrigerate.



Evening- 9:00pm

6. **Repeat steps 3 and 4** with the remaining Liter
7. **At 11:30 pm**, Take **two (2) Dulcolax** Laxative **comfort coated TABLETS** or (Generic **Bisacodyl**) **with at least 16 oz. of any clear liquid listed.**

The Day of Your Colonoscopy

Remember nothing by mouth 4 hours before Colon or 6 hours before Egd procedure.

Two (2) hours before leaving home. (If needed, when stools are cloudy or contain particles of sediment).

- Take **2 Fleets saline enemas**. Follow the directions on the label. (Over the counter)