

# Osmoprep

## NOTICE:

If you have any one of the following conditions please contact your doctor **before filling your prescription:** congestive heart failure, renal insufficiency (kidney problems), ascities, if you take a diuretic (water pill), or an ACE inhibitor, or ARB for high blood pressure.

If you take blood pressure, heart or seizure medications you may take them with a sip of water the morning of procedure. If you take a diuretic (water pill), please talk to your physician or physician's nurse before your procedure for dosing instructions.

## One Day Before Your Colonoscopy

- Fill the prescription from your doctor for 32 OSMOPREP tablets
- Start a clear liquid diet and continue clear liquids throughout the day. Solid foods, milk or milk products are **NOT** allowed. No food or drink 4 hours before procedure.

Clear Liquids Include (See attached "Clear Liquid" Sheet for more information)

Juices without pulp (apple, white grape, white cranberry, lemonade), Water, Tea, Plain Jello (not red or purple), Soda or non-carbonated soft drinks, Clear broth or bouillon, Ice Pops (not red or purple). **Do not fast. Please drink a variety of liquids that are listed above for proper hydration.**

**Please follow instructions carefully. FAILURE TO TAKE THE PREP AS INDICATED BELOW MAY RESULT IN A POORLY CLEANSED COLON AND POSSIBLE CANCELLATION OF THE PROCEDURE.**

1. At 3:00pm, take 4 *Osmoprep* tablets every 15 minutes with **at least 8 ounces of any clear liquid** until all 20 tablets have been consumed. Remain close to toilet facilities.



4 Tablets  
@ 3:00pm



4 Tablets  
@ 3:15pm



4 Tablets  
@ 3:30pm



4 Tablets  
@ 3:45pm



4 Tablets  
@ 4:00pm

2. At 8:30pm, take 4 *Osmoprep* tablets every 15 minutes with **at least 8 ounces of any clear liquid** until the remaining 12 tablets have been consumed.



4 Tablets  
@ 8:30pm



4 Tablets  
@ 8:45pm



4 Tablets  
@ 9:00pm

3. At 11:30pm, take 2 (5mg) Dulcolax Laxative **TABLETS** or Generic Bisacodyl) **with at least 16 oz. of any clear liquid.**

